

The eXchange

DAILY

Free Internet Café, Little Library and Book Exchange
9am-12pm and 1pm-3pm

SUNDAY

Organised Social Table Tennis
2pm-4pm
Meet at the Common Room (behind reception) at Campus Living, corner of Blamey St and Victoria Park Road.

MONDAY

Beyond Maturity Blues
10.30am- 11.30am, 21 June
Help foster good mental wellbeing over this informative morning tea. Please let us know if you can come.

Book Club

1pm-2.30pm, 28 June (last Monday of each month). Share the book you've been reading over afternoon tea with other friendly book-lovers and visit our free book exchange.

Writing group

4pm-6pm
A group for people who would like guidance and support with writing stories, either fictional or autobiographical. Our facilitator will help you with telling your stories.

The Urban Village People
6.45pm - 8.30pm, 7 and 21 June
Our new and already fantastic choir group meets at M block at QUT.

TUESDAY

Beginners' English for Women
10am-11.30am
A fun and friendly class for all women wanting to improve their written and spoken English. *Please note that the Exchange is closed to all other users at this time.*

Swim Fit!
10.30am -11.30am
Get motivated to swim laps in a social environment at Kelvin Grove Urban Village's heated indoor pool.
Cost: \$3 (special Exchange concession)

Aunties and Uncles
7pm - 9pm, 15 June (3rd Tuesday of each month). Aunties and Uncles support families experiencing stress by mentoring and supporting children on weekends and school holidays. Come along to find out what's involved.

WEDNESDAY

Natural Therapies
9am-12pm
Relax and heal at a private consultation with a qualified homeopath and Bowen therapist.
Cost: \$10 for Concession card holders

No Interest Loans & Welfare Appointments
9am-12pm by appointment
Discuss ongoing concerns or learn about the No Interest Loans Scheme for buying essential household items.

Kid's Club 3pm-4.30pm
An afternoon of fun games, afternoon tea and help with your homework. A computer tutor will also be available for tips and advice. *Please note that the Exchange is closed to other people at this time.*

Social Table Tennis
7pm-9pm
Have fun in this friendly tournament. Meet at the Common Room (behind reception) at Campus Living, corner of Blamey St and Victoria Park Road.

THURSDAY

Computer Competency
9am-12pm
Whether you're an absolute beginner, want a few tips and tricks or would like to set up an email or e-bay account, help is here! Bring your questions for individual help from our computer whiz! *Please note that there is no computer class on 10 June.*

The Exchange Excursion!
9am-1pm, 10 June
Get out of Kelvin Grove and into an adventure! This month we are off to "Out of the Box", a festival for children and their parents. Get in quick as spaces are limited!
Cost: \$3 per person

Men's Group
1pm-2pm, 3 and 17 June (fortnightly)
A place for men to offer support and acceptance to one another. This is a new group looking for new members.

Written and Spoken English
6pm-8pm
Expand your English knowledge at our friendly class. All levels are welcome.



FRIDAY

Painting Class
10am-12pm until 25 June
Whether you're a finger-painter or an experienced artist, these classes will help you to learn the basics, try some new techniques or simply refine your skills in a friendly environment! Everyone welcome.
Cost: \$3/6

Mocktail Afternoons
3.30pm-4.30pm, 4 and 18 June
Come and celebrate the end of the week with us! Enjoy creative non-alcoholic beverages, chats and snacks with other local residents.

Call to find out more about...

Community Advisory Group
4-6pm, 28 June
Come share your ideas for the eXchange and Kelvin Grove. Meetings are held on the last Monday of each month.

Community Garden
Kelvin Grove has an enthusiastic group of community members working to start up a garden in our neighbourhood. Let us know if you want to be involved!

SCHOOL HOLIDAY PROGRAM
Call to find out more about our exciting kids' activities on offer during the June-July holidays! Circus tricks, cooking, crafts, movie madness, & much more!

